FOUNDRY

Integrated, population based care for youth in Canada

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POPULATION BASED CARE

- "Care that assesses... the health status and health needs of a target population, implements and evaluates interventions that are designed to improve the health of that population, and efficiently and effectively... provides care in a way that is consistent with the community's cultural, policy, and health resource values." (AMA)
- Population based care solutions are also a notion of **managed care** (outcome based economical criteria)



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Still Waiting: First-hand Experiences with Youth Mental Health Services in BC

Recurring themes from focus groups with BC youth were:

- lack of accessibility and integration of services.
- existing youth health centres operate as "one off" facilities, without the "economies of scale" to support rigorous evaluation platforms and participation in broader population initiatives.



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"every door is the wrong door"



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- It called for the creation of a
 - branded network of health and social service centres across the province
 - an overlay of e-health services
 - a framework for research and evaluation



- The report identified key characteristics of successful implementation, including:
 - the absence of access barriers
 - youth friendly staff
 - youth-appropriate spaces
 - navigational ease
 - embedded family supports



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FOUNDRY

Foundry provides early intervention services that support young people's wellness by bringing health and social services together in a single place, making it easier for young people to find the care, connection and support they need thus forging a new, province-wide culture of care through the development of a network of centres and online tools and resources.

By bringing together a variety of health and social services under one roof and working in partnership with young people and families, Foundry aims to help BC's young people get the help they need when they need it.

For life's challenges large and small, Foundry offers connection, tools and support.

At foundrybc.ca you can:

- · Explore what's going on for you with self-checks
- · Hear from other young people about their experiences
- Learn about health and wellness strategies
- Discover apps and online tools
- · Connect to services online and in your community
- Find a Foundry centre location
- Learn ways to support others

Co-created with and for young people.



Foundry offers free and confidential resources, services and supports for young people ages 12-24 in BC.

foundrybc.ca





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Foundry is based on **building relationships**.



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FOUNDRY qualitative attributes

- Welcoming: From the moment youth walk in the door, youth should feel at home

- Youth Foundry exists to serve the needs of youth. ownership: Youth involvement and expression is central

- Simple and Centres should be easy to navigate with accessible: clear wayfinding and access to services.

- Healthy: Centres implement safety and security for people (best practices for designing for healthcare and violence prevention).

Flexible: Space is flexible to suit the needs of many – open offices are encouraged to promote collaboration amongst staff

Design principles

- youth-engagement through the planning process
- accessibility, flexibility, and integration of services
- privacy and confidentiality
- safety (violence prevention and mitigation)
- infection prevention and control
- operational efficiency
- materials quality, durability and sustainability





FOUNDRY design principles

PLANNING

- -youth + family engagement throughout
- -accessibility, flexibility and integration

DESIGN

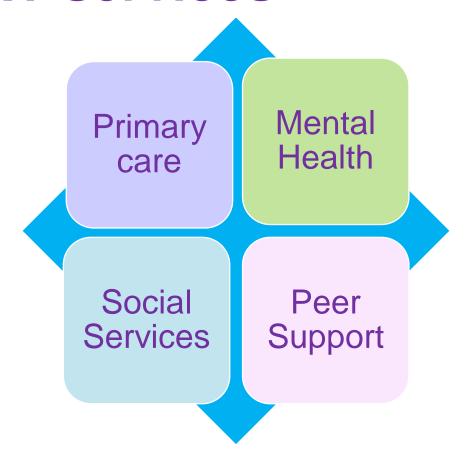
- -infection control
- -safety, violence prevention and mitigation
- -material quality

OPERATIONS

- -privacy and confidence
- -operational efficiency



FOUNDRY services





FOUNDRY services

Physical health Sexual health

Primary care

Mental Health Mental health Addictions Substance use

Vocational Educational Financial Social Services

Peer Support Youth services Family services





FOUNDRY services

- Centres may also include additional services based on local needs, such as food security, child-minding etc.
- All services at Foundry are
 - Evidence based
 - Trauma informed
 - Culturally sensitive
 - Free
 - INTEGRATED



INTEGRATED CARE DELIVERY

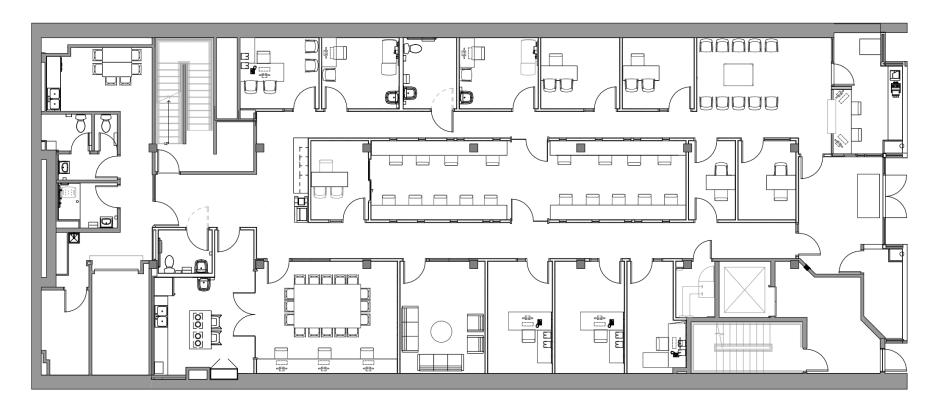
Integrated care occurs when different care providers come together
to serve the same client, around the same time, and all know about
each other (!!) and thus make better informed care decisions

 Integrated care often involves a case manager, who can be any member of the care team

- All care should be integrated, fragmented delivery of health and social services is an acknowledged problem





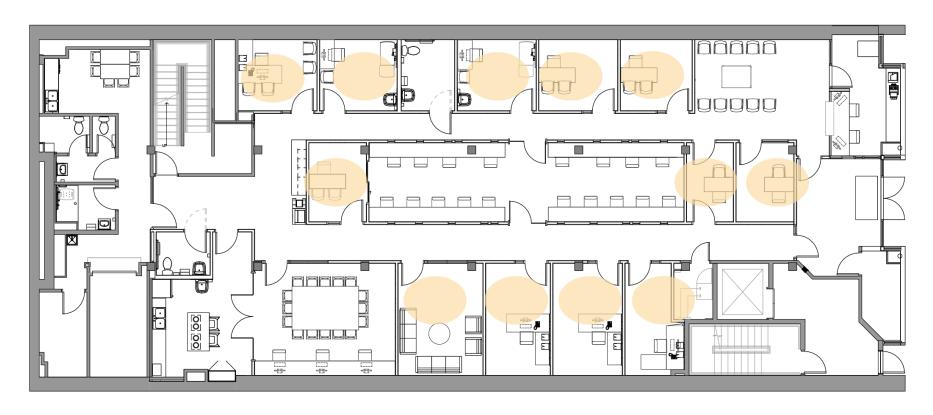




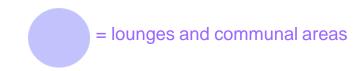


A?







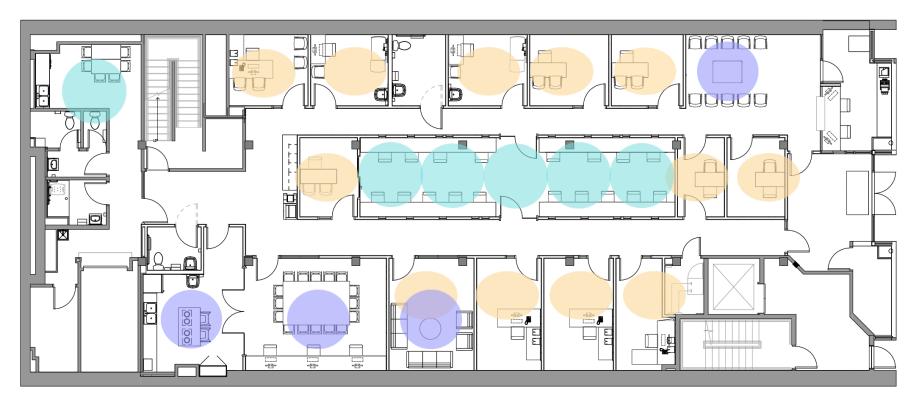












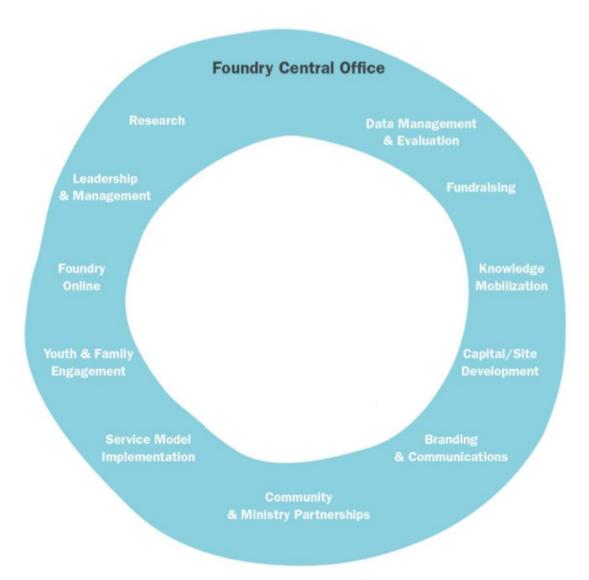


Administration and lead agencies

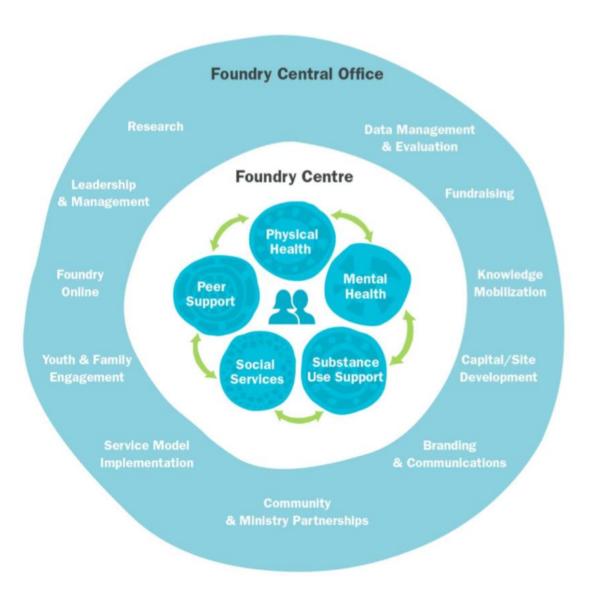
- Currently six open
- Five more in the works
- Lead agencies:
- Prince George the YMCA
- Kelowna Kelowna Branch of the Canadian Mental Health Association
- Abbotsford Abbotsford Community
 Services
- North and West Vancouver (North Shore) - led by VCH
- Campbell River John Howard Society of North Island













Does it work?





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Does it work?

Have the major elements of Foundry been implemented as planned?

To what extent has Foundry been accessed by the target population?

To what extent has Foundry improved youth experience of care and achieved positive outcomes?

Is systems transformation – through delivering integrated care – being achieved?

WHERE WELLNESS TAKES SHAPE

FOUNDRY



Does it work?

Have the major elements of Foundry been implemented as planned? YES

To what extent has Foundry been accessed by the target population? **WELL**

To what extent has Foundry improved youth experience of care and achieved positive outcomes?

GOOD EXTENT

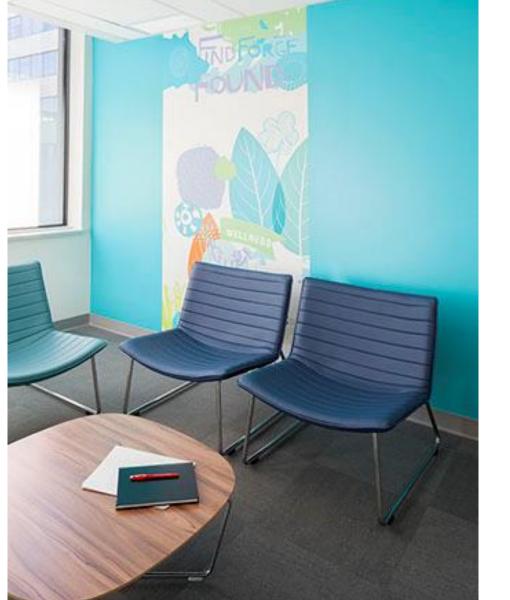
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...GETTING THERE

WHERE WELLNESS TAKES SHAPE

FOUNDRY





Find hope, help, support. Find yourself.



WHERE WELLNESS TAKES SHAPE

foundrybc.ca

https://vimeo.com/343529498/be9829f811

- Graphics: Foundry BC
- Foundry Vancouver: Kirsten Reite Architecture







